







Codka shimbiraha subaxdii
The sound of birds in the morning



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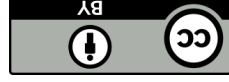
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sound of birds in the morning**

LIDA Portugal 

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Yulia, ninkeeda iyo gabadhooda yar waxay ku noolaayeen tuulo yar oo xasilloon oo ku taal Ukraine. Yulia waxay aad u jeclayd in subax walba kusoo kacdo dhawaaqa shimbiraha. Marna uma malaynayn inay guri ka fog degi doonto, ama aanay ku toosi doonin dhawaaqa shimbiraha subaxdii.

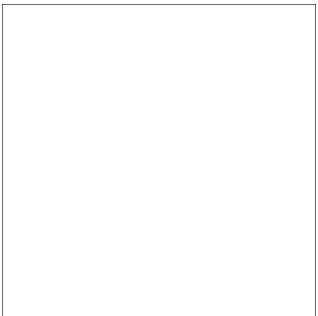
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Yulia, her husband, and their little daughter lived in a small, quiet village in Ukraine. Yulia loved being woken every morning by the sound of birds. She never thought she would live far away from home, or not be woken up by the sound of birds in the morning.

Her husband was always complaining about not having enough money and he began drinking heavily. They decided to try their luck in Portugal. Maybe there they could earn more money to build a house and make a better future for their family.

...

Ninkeeda ayaa had iyo jeer ka caban jiray in aanu lacag ku filan haysanin, wuxuuna bilaabay inuu si aad ah u cabbo khamriga. Waxay go'aansadeen inay nasiibkooda ku tiijaabiyaan Portugal. Waxaa laga yaabaa in ay halkaas ka heli karaan lacag badan si ay guri u dhistaan oo ay mustaqbal wanaagsan ugu sameeyaan qoyskooda.





Yulia waxay si fiican ula qabsatay gurigeeda cusub, waxayna bilowday inay ka shaqeyso sidii nadiifiye. Macaamiisheeda ayaa runtii aad uga mahadceliyey dadaalkeeda iyo hab-dhaqankeeda wanaagsan. Dhanka kale ninkeeda waxa uu dareemay in laga tagayo. Dhibaata khamriga awgeed, loo-shaqeeyayaashu ma aaminaan isaga mana siin doonaan shaqo.

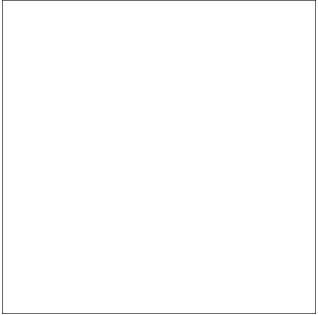
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Yulia adapted well to her new home, and she started working as a cleaner. Her clients really appreciated her hard work and her polite attitude. Her husband, on the other hand, felt more and more left out. Because of his drinking problem, employers did not trust him and would not give him work.

One day he started yelling at Yulia. Then, he started pushing her. The shouting and beatings got worse, especially when he was drunk. Yulia was afraid for herself and her daughter, but she had no idea what she could do.

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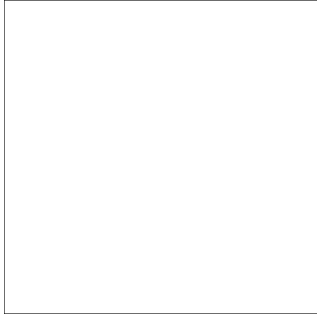
Maalin maalmaha ka mid ah ayuu bilaabay inuu ku qayliyo Yulia. Dabadeed, wuxuu bilaabay inuu riixo. Qayladii iyo garaacii baa ka sii daray, siiba markuu sakhransanaa. Yulia waxay u baqday nafteeda iyo gabadheeda, laakiin ma aysan garanayn waxay samayn karto.



Yulia went to a women's shelter, where she felt safer than she had in a long time. She had not felt like that since she was woken up by the sound of birds in the morning.

...

Yulia waxay tagtay hoyga haweenka, halkaas oo ay dareentay in ay ka heshay ammaan ka badan intii ay haysatay muddo dheer. Taasi may dareemin tan iyo markii ay subaxdii ku toosi jirtay codka shimbiraha.





Markii Yulia ugu dambeyntii ay tagtay qolka gargaarka degdegga ah ee cusbitaalka iyada oo gacan ka jaban, waxay u sheegeen in rabshadaha qoysku ay dhibaato weyn ku tahay Portugal. Waxa kale oo ay sheegeen in arrintaasi ay tahay dambi, isla markaana ay tahay inay Booliska wargeliso.

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When Yulia finally had to go to the emergency room in the hospital with a broken arm, they told her that domestic violence was a huge problem in Portugal. They also said that it was a crime and she should report it to the police.



Yulia waa ay ku daashay oo ma aysan dooneyn in gabadheeda yar ay ku korto guri ay maalin kasta goobjoog u ahayd rabshad. Yulia waxay ogaatay in calaamadaha xadgudubka ay horay u jireen, xitaa haddii ay qaadatay qaabab badan oo kala duwan.

...

Yulia was exhausted and did not want her little daughter to grow up in a home where she witnessed violence every day. Yulia realised that the signs of abuse had been there all along, even if it took many different forms.